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PATIENT ULTRASOUND INSTRUCTION SHEET

Please arrive 10 minutes prior to your appointment.

TEST	PREPARATION FOR TEST
Thyroid Ultrasound	NONE
Breast Ultrasound	NONE
Abdominal Ultrasound	Fasting Overnight
Pelvic Ultrasound	
Complete	Drink 32oz. water – Finish one hour prior to scheduled exam. Please do not void; your bladder needs to be distended.
Transvaginal Only	NONE
Renal Ultrasound	Drink 16oz. water – Finish one hour prior to schedule exam. Please do no void. Bladder needs to be moderately distended.
Soft Tissue Ultrasound	NONE
Carotid Duplex Scan	NONE (Allow 30 minutes for test)
Aorta	NONE